Kindness Stocking

Materials:

- 1 stocking
- 25 slips of paper
- · Pencil

As a family, brainstorm a list of ways you could show kindness to another person this Christmas season. Write one idea on each of the 25 slips of paper, then place them in the stocking. For each day in December leading to Christmas, allow the children to choose one slip of paper from the stocking. Then, commit to completing that act of kindness that day.

Possible acts of kindness: call Grandma, give Mommy three hugs, draw a picture for a neighbor, etc.



